

DIVE IN Promoting Local Integration of Erasmus+ Participants



Project number: 2025-1-MT01-KA220-VET-000350714



What is DIVE IN

Often, Erasmus+ students tend to interact only with each other, limiting their immersion in the local culture.

DIVE IN is an Erasmus+ Cooperation Partnership (KA220-VET) designed to bridge this gap fostering real integration between international students and their host communities.

The Erasmus Bubble: Mobility Without Integration

Many Erasmus students live in an “international bubble” rather than integrating locally.



This limited interaction can reduce opportunities for deeper cultural understanding and meaningful intercultural exchange.

Turning Mobility into a Genuine Cultural Exchange

DIVE IN aims to support the true integration of Erasmus+ students into their host countries, turning a simple mobility abroad into a deep cultural exchange that fosters European unity and common values.



Help students experience their host city not as tourists, but as "locals".



Strengthen cohesion and shared identity through direct cultural exchange



Reduce ignorance and hate speech by promoting mutual understanding and tolerance



How DIVE IN Works

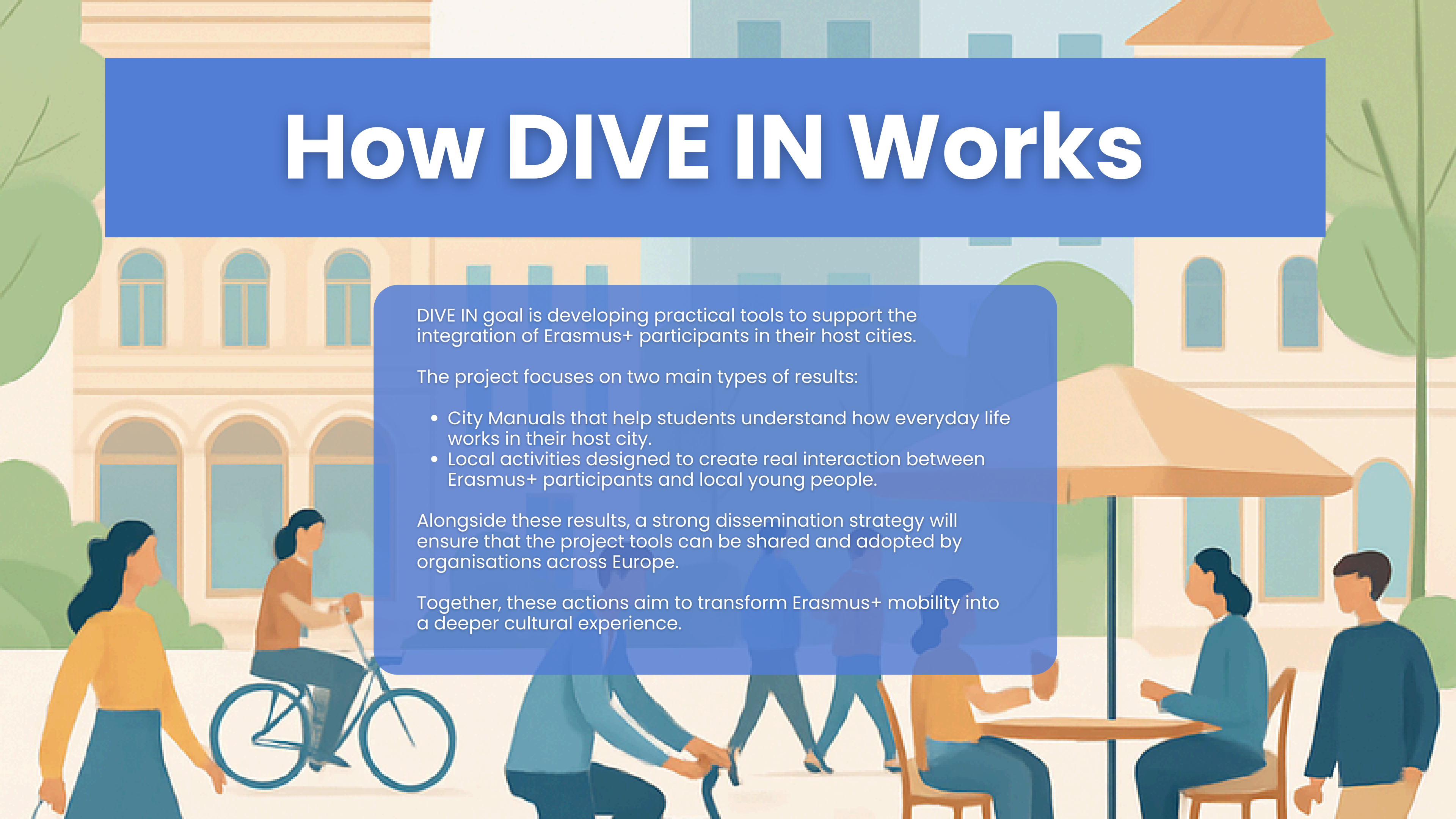
DIVE IN goal is developing practical tools to support the integration of Erasmus+ participants in their host cities.

The project focuses on two main types of results:

- City Manuals that help students understand how everyday life works in their host city.
- Local activities designed to create real interaction between Erasmus+ participants and local young people.

Alongside these results, a strong dissemination strategy will ensure that the project tools can be shared and adopted by organisations across Europe.

Together, these actions aim to transform Erasmus+ mobility into a deeper cultural experience.



The DIVE IN City Manual

A guide to experiencing host cities the way locals do!

The DIVE IN City Manual is designed to help Erasmus+ participants better understand the culture and daily life of their host city, moving beyond the perspective of a visitor.

The City Manual offers a treasure of insights to help students integrate into local life, including local habits and cultural etiquette, how young people spend their free time, neighbourhood life and local businesses, and practical information about mobility and daily routines.

As part of the DIVE IN project, we are developing four bespoke city manuals together with a universal template that any European institution can adapt to create its own guide!



Local Integration Activities

A group of six diverse young adults (three women and three men) are walking and laughing on a stone path outdoors. They are dressed in casual clothing like t-shirts, jackets, and jeans. The background shows lush green trees and a stone wall, suggesting a park or campus setting.

Another key result of DIVE IN is the development of a set of activities that bring together Erasmus+ students and local young people, designed to promote dialogue, cultural exchange and mutual understanding.

They will help the Erasmus participants to:

- share experiences and cultural perspectives
- discover local traditions and everyday life
- reflect on similarities and differences between European cultures

The activities will prioritise face-to-face interaction, recognising that personal encounters are the most effective way to build intercultural understanding.

Sharing the Results Across Europe

Generating impact beyond the partner organisations

DIVE IN is designed to share its tools and experiences with organisations, educators and mobility providers across Europe.

Through digital communication, open resources and dissemination events, the project will make its results accessible to organisations working with Erasmus+ participants.

By spreading these tools widely, DIVE IN aims to inspire more organisations to support the integration of international students into local communities — strengthening cultural exchange across Europe.

Digital outreach • Open resources



European events • Strategic networks



Testing the DIVE IN Approach

The project tools and activities will be tested in several European cities, representing different cultural and mobility contexts.

Working across different countries ensures that the project results are adaptable and relevant for a wide range of European contexts.



The Project Consortium

DIVE IN is developed by a partnership of organisations experienced in mobility programs, youth engagement and European cooperation.

Easy Job Bridge (Malta)



Project coordinator with extensive experience in organising Erasmus+ mobility experiences and supporting international students.

Erasmus Valencia International Center (Spain)



Organisation specialised in Erasmus+ mobility programmes, with strong expertise in international cooperation and student integration.

GaragErasmus (Belgium)



European network connecting the Erasmus generation and promoting youth participation and European engagement.

Lula Consulting (Italy)



Specialised in Erasmus+ project management, digital tools and dissemination strategies.

Get in touch!

Interested in the DIVE IN project or in collaborating with us?

We'd be happy to hear from you!



divein.team@gmail.com

Follow us



[@dive.in.project](https://www.instagram.com/@dive.in.project)



[@dive.in.project](https://www.tiktok.com/@dive.in.project)